Footpath 574025 From Footpath 574023 at Gilthroton, Cowan Head to parish boundary with Nether Staveley south of Crag Farm.

Length of path 0.6miles (970metres)

Leave path 574023 (Dales Way & tarmac drive of Cowan Head) at Gilthroton at short post with multiple waymarks. SD49288/97214

Into yard of Gilthroton and through metal gate and through stock-pens to a second metal gate . SD49214/97194

No waymarks either gate.

From second gate up through rocky field with fence on left to-

A shortish post at wall-corner. SD49019/97085 Waymarks (faded from Winter Lane direction).

On to a metal gate (open) No waymarks.

Through garden paths and onto drive of Crag Cottages/Crag Barn.

Join tarmac track at cattle-grid-(junction footpath 574026) SD48615/96940 --and turn right towards Crag Bungalow.

Where finger-post indicates path leaves tarmac and heads left across field. Approx 30m after leaving track and in line with wall corner seen on right-

-path reaches parish boundary at

SD48472/97068

SD48949/97071

Path continues as 558019 towards Staveley.